

Life Group Guide Psa 1–2 “The Blessed Man”
For the Sermon Preached on Sun Oct 15 and For Use in Life Groups through Sun Oct 22

Icebreaker Question

When you were younger, whom did you think was the greatest, coolest, or most fascinating person? Do you still see them in the same light? What changed your view of them?

Pastor Pete’s Sermon Outline

- I. Psa 1:1–6 The Blessed Man will prosper in the last judgment, bringing the righteous with Him, but the wicked will perish.**
 - a. The Blessed Man prospers in His life with God by meditating upon His word day and night 1:1–3.
 - b. The wicked men will fade away eventually 1:4.
 - c. The Blessed Man will prosper in the last judgment with the righteous ones while the wicked men will perish 1:5–6.
- II. Psa 2:1–12 The Son of David will answer the kings of the land with God’s final word of judgment that also offers His enemies life with Him.**
 - a. Why do the kings of the land prevail against God and against His Messiah? 2:1–3.
 - b. God mocks these rulers from the heavens with the promise of His Son and King 2:4–9.
 - i. God speaks from the heavens against these rulers 2:4.
 - ii. God will speak in wrath against them. 2:5.
 - iii. God has anointed His King, the Son of David 2:6.
 - iv. God has marked Him as His only begotten Son 2:7.
 - v. God has promised His Son will have victory over the whole creation 2:8–9.
 - c. God offers hope for the kings of the earth if they will seek refuge in the Blessed Man 2:10–12.

Psa 1

Read Psa 1: Observation

1. Please read Joshua 1:7, 8. What does God command Joshua to do?
2. In 1:1, what 3 things does the Blessed Man do? What other people are mentioned in this verse?
3. In 1:2, what is His delight? How often does He follow this delight?
4. In 1:3, what will He be like? How often will it give its fruit? What will not happen with its leaves? In what things, deeds, and thoughts will He prosper?
5. In 1:4, to what are the wicked ones compared?
6. In 1:5, what will not happen for the wicked? Where will they not go?
7. In 1:6, what is promised for the righteous? What is promised for the wicked?

Interpretation

8. In v. 3 the blessed person is metaphorically described as a tree. In Psalm 1, this blessed status comes from what (vs. 1-2)? How is a blessed person like this tree? How should Psalm 1 encourage us in difficult times?

9. If all we had to go on was Psalm 1 to define prosperity, how would we define it? According to Psalm 1, what is prosperity, where does it come from, and how do we get it? How is this different from the way the world (and often the Christian world) defines prosperity?

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Application

10. Please memorize Psalms 1:1.
11. What are the biggest priorities for your family? Do they align with biblical priorities? How are you and your family seeking prosperity? What will you pray for God to change about your approach?
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Psalms 2

Read Psalms 2: Observation

12. In Psalms 2:1, who is raging and meditating in this verse?
13. In Psalms 2:2, against whom are they taking their stand?
14. In Psalms 2:3, what do the kings of the earth say against God and His Anointed?
15. In Psalms 2:4–5, how does God respond to their words?
16. In Psalms 2:6, what does God call His Anointed? Where will He rule? To what does “Zion” and “My holy mountain” refer?
17. In Psalms 2:7, what title does the Lord’s decree for His Anointed? What is the relationship between God and His Anointed?
18. In Psalms 2:8–9, what does God offer to His Son and promise He will do to His enemies?
19. In Psalms 2:10–12, what should the kings of the earth do in light of God’s decree?
20. In Psalms 2:10–12, if they do not heed Him, what will He do? If they do heed Him, what does He promise His enemies (these kings of the earth)?

Interpretation

21. Why do you think the world (especially its leaders) so consistently oppose God? What might it cost them to submit to God? What do we all have to admit about ourselves before we can seek refuge in Him?
22. Compare Psalms 2:12 to Psalms 2:8. What is the size of the blessing offered for those who seek refuge in God (Psalms 2:12) through this Anointed One? Why does God delay His wrath on these rebellious kings and offer them life? What hope should these verses give to every reader?

Application

23. How would you use Psalms 1–2 to share the gospel with your neighbor or coworker?
24. Will you pray Psalms 1–2 this week for your home, work, or Crossroads?
25. Of the people in your life who oppose God, will you pray for them to seek refuge in Jesus?
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